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FOLLOW YOUR DREAMS, WHETHER OR NOT THEY COME TRUE PAGES 20-21

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Monday, August 19, 2013 www.metro.us | t: MetroNewYork | f: MetroNewYork



Arrest made in death of pregnant SI woman

Foul play. The body of Megan Marotte, 20, was discovered decomposing in a Staten Island park last Thursday afternoon.

In custody. Police said that they arrested and charged Pedro Martin, 27, with the murder of Marotte yesterday. **Autopsy.** The medical examiner's office is still investigating how she died. PAGE 04

The mighty Quinn

PAGE 02

City Council speaker and mayoral candidate Christine Quinn greets a voter in Coney Island. She is the first candidate being profiled in Metro's NYC Votes 2013 series. / BESS ADLER, METRO

City to cut back on restaurant grade fines

PAGE 04

Until 'Duck Dynasty' cancellation do us part

PAGE 14

'Saints' go marching in with Casey Affleck

PAGE 15



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NEWS

Quoted

"The one thing in life you can bet your mortgage on is polls go up and down."

Christine Quinn

Top 3

Trending online at Metro.us

1 VIDEO: Mother panda reunites with cub, shares tender moment'

2 Woman stabs husband to death in Bronx homeless shelter, police say'

3 Motorcyclist hits, kills pedestrian in Washington Heights'

For Quinn, race is latest in run of political firsts

Election 2013. The City Council speaker would be the first female and openly gay mayor of NYC.

Christine Quinn is no stranger to firsts.

From her start as the chief of staff to Tom Duane, the first openly gay and openly HIV-positive councilmember, to her current position as the first openly gay City Council speaker, Quinn's career has been full of them.

And now she's poised to become the first female and openly gay mayor of New York City — if she can fight her way back to the top of a crowded mayoral race in which she was once seen as the easy frontrunner.

At a campaign stop at Tom's Diner in Coney Island, a woman named Maureen Walsh shyly approached Quinn and said, "I have an 18-year-old daughter who is so excited about you."

Earlier that day, a new Quinnipiac poll announced Bill de Blasio had strong support from 30 percent of voters critical of the NYPD's stop-and-frisk policy. Quinn was trailing him at 24 percent.

Despite the polls, Quinn is still perceived by some supporters, including Coney Island's Greek Orthodox priest Eugene Pappas, as "the most viable candidate."

Both her gender and sexuality were noted by Pappas.

In light of a recent spate of violent anti-gay attacks, the latest of which occurred just last week in Chelsea — on a street where Quinn once lived — the prospect of a gay mayor seems particularly meaningful.

Quinn rejected the notion the attacks might indicate the city isn't ready to be led by a gay woman.

"They're not New York, and we can't for one second let them think they are New York.



Christine Quinn met with voters and ran into city comptroller candidate Scott Stringer in Coney Island last week. / BESS ADLER, METRO

What to expect

Christine Quinn told Metro some of her top priorities if elected:

- Make CUNY a pipeline for tech sector jobs.
- Drop the stop-and-frisk appeal.
- Rent subsidy vouchers for the homeless to get into apartments.
- Set aside section 8 vouchers for the homeless.
- Create city positions for ex-gang members to do community outreach.
- Create a deputy mayor for children and education to facilitate collaboration between city departments.
- Drop soda ban appeal.

On compromise

"There is a model of government that says you should only fight, you should never compromise, you should — if you're not in 100 percent agreement all of the time, never be in agreement. We all know that place, it's Washington. And nothing good happens there. It's gridlock all of the time."

Christine Quinn

They don't speak for us. They don't represent the values of this city," Quinn said.

Some have accused Quinn of not representing the values of the city, particularly when she helped overturn term limits — enabling Bloomberg to be elected to a third term.

"I knew was going to be unpopular, but I did it because I thought it was going to be the right thing," she insisted.

Quinn insisted she has often fought against

the political grain.

She said that Bloomberg's homeless policies are especially egregious, and that the Department of Homeless Services will require "a big overhaul."

But she argued many of the agreements she's negotiated with Bloomberg have saved the city from potentially dire consequences.

More than 12 hours later, Quinn was working the line at a Huey Lewis and the News concert in Coney Island.

"Ms. Quinn, when

NYC votes 2013

Contenders

This is the first in a series of profiles that Metro will run on mayoral and comptroller candidates before the primary on Sept. 10.

you win, vote from your heart, okay?" urged a man in sunglasses.

"You wanna know what else?" shouted a man with a gray beard. Quinn turned inquiringly. "You're so much prettier than [fellow mayoral candidate Anthony] Weiner."

Quinn burst out laughing.

"Let's set a higher bar!" she declared.



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Staten Island

Man arrested in the murder of pregnant woman

A man was arrested in the murder of a 20-year-old pregnant woman whose body was found decomposing in a Staten Island park after she had been missing for 11 days.



Megan Marotte / NYPD

Megan Marotte, of Graniteville, was last seen Aug. 4 before police found her body in Willowbrook Park Thursday around 5:20 p.m.

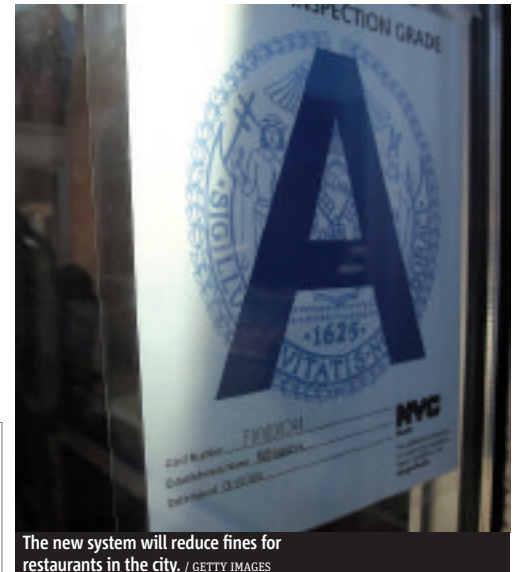
Pedro Martin, 27, was arrested and charged with her murder Sunday, police said.

Police said there were no obvious signs of trauma. As of Sunday

afternoon, the Medical Examiner has not determined the cause of death.

Her body was found after police responded to a report of a foul odor in the park, which is about a mile and a half from where she was last seen.

She was reported missing on Aug. 7, police said. **ANNA SANDERS**



The new system will reduce fines for restaurants in the city. / GETTY IMAGES

City seeks to cut fines for some restaurants

Chow on this. The new health rating system is expected to reduce fines by \$10 million.

set specific fine amounts for the first time.

The most commonly-issued violations will have a fine reduction of 15 to 50 percent, officials said.

Fines for more serious violations would also drop, officials said.

The fine reductions are expected to reduce total fines collected by more than \$10 million per year.

Kurt Gutenbrunner, owner of TriBeCa's Blaue Gans restaurant, was pleased with the changes.

"This is really exciting for news for restaurateurs as the fines have been so expensive over the last few years," Gutenbrunner said.

ANNA SANDERS
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The city will modify the health rating system in an effort to reduce restaurant fines, officials announced Sunday.

Sixty percent of all violations will result in the minimum \$200 fine under a package of legislation that will be introduced in City Council Thursday.

While restaurant violations now result in fines between \$200 and \$2,000, under the agreement with City Council, the Department of Health and Mental Hygiene will

Safe food legislation

The city council announced a series of other food-related legislation.

- One will establish an office to investigate concerns over the healthy inspection system.

- Another bill would allow restaurants to request an ungraded inspection for educational purposes.
- Council will discuss the proposed bills this Thursday.

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The G train will not run to certain stations during weekends through mid-December. / METRO FILE PHOTO

Council calls for alternate transit for G train riders

Stranded.

Lawmakers asked the MTA to supply ferry tickets and more bikes to the neighborhood.

City officials called for the Metropolitan Transportation Authority to fund transit alternatives for G train passengers during weekend service changes on Saturday.

Lawmakers asked for the MTA to help subsidize East River Ferry tickets, which cost between \$2.50 and \$4, during service

disruptions, which affect 30,000 passengers.

Officials also called for the MTA to support an expansion of Citi Bike into affected neighborhoods.

Through mid-December, weekend G train service has been suspended between Nassau Avenue in Greenpoint, Brooklyn, and Court Square in Long Island City, Queens.

The disruptions are caused by flooding that happened during superstorm Sandy. Though the city Department of Transportation oversees both bike and ferries, an MTA spokesman said that they were "supportive" of any efforts to help customers.

Any help appreciated

"I appreciate the need to repair the G tunnel after the devastating effects of Hurricane Sandy and would welcome any additional service on top of the shuttle buses that the MTA is currently providing."

Connor Mealey, Riders Alliance member

ANNA SANDERS
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NYPD accident

Rookie cop shoots own leg in call

A 26-year-old police officer shot himself in the leg during a domestic dispute call on Saturday night.

The unidentified officer was responding to a call that a man attacked his mother in Bedford Stuyvesant.

The cop holstered his weapon and accidentally pulled the trigger. **ANNA SANDERS**

Pulling strings. Man pleads for lost puppet

Signs around the Lower East Side promise a "300 DOLLAR REWARD!" for a "MISSING PUPPET!"

The puppet belongs to Tim Kubart, who plays in a kid's band called Tim and the Space Cadets.

Kubart said "[Nestor] is a friend of the band's and he comes out and tells stories and things."

He has upped the reward to \$300 from the initial \$100 he promised.

Kubart last had Nestor on Avenue B, where he

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DANIELLE TCHOLAKIAN



Smoke comes out from the Southwest E-ring of the Pentagon building Sept. 11, 2001, in Arlington, Va., after a plane crashed into the building and set off a huge explosion. / GETTY IMAGES

Gitmo prosecutors want a 2014 trial for 9/11 attack case

Terrorism. They were arraigned in May 2012, more than a decade after the attacks.

Prosecutors in the Guantanamo war crimes tribunal are pushing the judge to set a September 2014 trial date in the 9/11 case, a decision that could hinge on how deeply the defense is allowed to delve into the defendants' treatment in secret CIA prisons.

A U.S. military judge, Army Colonel James Pohl, will hear arguments on the issue in a weeklong pretrial hearing that be-

gins today at the Guantanamo Bay U.S. Naval Base in Cuba.

Prosecutors want to speed up the hearing schedule and start the death penalty trial next fall for the alleged mastermind of the 9/11 plot, Khalid Sheikh Mohammed, and four alleged co-conspirators.

The court has since scheduled weeklong pretrial hearings about every six weeks, mostly to hear defense challenges.

Some hearings were canceled because of computer problems and tropical storms at the remote Caribbean base. Others veered away from the docket to address whether military and intelligence

Killed

2,976

Total killed when al Qaeda hijackers smashed four commercial jetliners into the World Trade Center in New York, the Pentagon in the Washington area and a field in Pennsylvania

agents were spying on supposedly confidential attorney-client discussions, an issue that is still unresolved.

Prosecutors want the judge to set firm deadlines for new filings, hold month-long hearings to work through a backlog of outstanding motions and be ready to start picking a jury on Sept. 22, 2014.

REUTERS

Sex abuse. First settlement reached in Penn State civil case

Pennsylvania State University has agreed to a settlement with a 25-year-old man who was sexually abused by former assistant football coach Jerry Sandusky in a campus shower, the man's attorney said late on Saturday.

It is the first of 26 claims to be finalized in the scandal, Philadelphia attorney Tom Kline told Reuters. He declined to

give details of the settlement but the university has approved spending \$60 million for the payouts.

The man, known as Victim 5 in court proceedings, was assaulted by Sandusky in August 2001, six months after then-graduate assistant Michael McQueary reported to university officials that he saw Sandusky rape a boy in a campus shower. **REUTERS**



Sandusky / GETTY IMAGES



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Damascus

UN weapons inspectors to start work in Syria today

A team of U.N. chemical weapons experts have arrived in Damascus and will start working today to investigate the possible use of chemical weapons in Syria's civil war.

President Bashar al-Assad's government and the rebels fighting him have accused each other of using chemical weapons, a step which the United States had said would cross a "red line" in a conflict which has

killed 100,000 people.

Like the broader Syrian conflict, the issue of chemical weapons has divided world powers. Washington said in June it believed Assad's forces have used them on a small scale, while in July Moscow said rebels fired sarin gas near Aleppo in March.

The U.N. team, including weapons experts from the Organisation for the Prohibition of Chemical Weapons, will try to establish only whether chemical weapons including sarin and other toxic nerve agents were used, not who used them. **REUTERS**



The U.N. chemical weapons investigation team arrives in Damascus yesterday. / GETTY IMAGES

Firefighters step up battle in Idaho blaze near resorts

Resort. The towns nestled in a narrow mountain valley are known for hiking, fishing and skiing.



Location of wildfire

Firefighters readied for a massive ground and air attack yesterday against a wildfire in central Idaho that has forced the evacuation of some 2,250 homes and threatens the posh Sun Valley ski resort.

The fire raging across parched sagebrush, grasslands and pine forests near high-end developments in Sun Valley has consumed 101,000 acres and destroyed one home and seven other buildings since a lightning strike sparked the blaze on Aug. 7.

More than 1,000 firefighters were preparing

yesterday for what fire officials called "a heavy air show" in a drive to gain the upper hand over a blaze fed by low humidity, high temperatures and gusting winds.

Air tankers equipped with fire retardant and helicopters hauling water were to lead the fight yesterday to protect the 5,128 residences, 1,399 commercial properties and 3,729 outbuildings threatened by the fire, said federal fire information officer Jim Chu.

For the first time

since the so-called Beaver Creek fire ignited, weather conditions yesterday favored fire-fighting efforts. A rise in humidity levels overnight paired with calmer winds made yesterday a crucial day in the push to knock down a fire that has advanced on affluent neighborhoods around the tourist town of Hailey and resort communities of Ketchum and Sun Valley.

"Saturday was really, really scary, but things seem to be looking up a bit today," said Carrie Morgridge, owner of Hailey Coffee Company.

REUTERS

Quoted

"In the good, in the bad, we will do what it takes to stay a community, to be an extended family, because that's really what we are." Morgridge

Valuable land

\$8B

The land and property in the area that is being threatened by the fire is worth some \$8 billion, fire officials said yesterday.

Days

11

The 11-day battle against the advancing flames has strained the tourism economy of the region at the height of the summer recreation season.



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More lawmakers urge suspension of US aid to Egypt



Activists of Pasban Pakistan burn an effigy of Egyptian General Abdel Fattah al-Sisi during a pro-Morsi rally in Karachi yesterday. / GETTY IMAGES

Violence. About 800 people have died in three days of fighting in Egypt.

A growing bipartisan chorus of U.S. lawmakers said yesterday that the United States should suspend its \$1.5 billion in military and economic aid to Egypt following a violent crackdown on protesters.

Senator John McCain, a top Republican on the Senate Armed Services Committee, said he now supports suspending the

aid, even though he initially believed it should be continued after the Egyptian military removed democratically elected President Mohamed Morsi from office last month.

"I wanted to give [Egypt's military leaders] an opportunity to do the right thing after the coup had taken place," McCain said on CNN's "State of the Union" program. But after the crackdown, aid should be withheld, he said.

"For us to sit by and watch this happen is a violation of everything that we stood for," Mc-

Cain said, arguing there are several other steps the United States could also take, such as withholding support for an International Monetary Fund loan or stopping shipments of military spare parts. **REUTERS**

Gulf Arab support

\$12B

At issue, too, is the U.S. relationship with key Gulf Arab states, including Saudi Arabia, Kuwait and the United Arab Emirates, which have promised the military-backed government some \$12 billion in financial support.

Death toll climbs

Egypt's cabinet debates fate of Brotherhood

Egypt's army-backed rulers met yesterday to discuss their bloody confrontation with deposed President Mohamed Morsi's Muslim Brotherhood amid contrasting proposals for compromise and a fight to the death.

The Brotherhood, under huge pressure since police stormed its camps in Cairo on Wednesday, staged several more marches across the country to demand the reinstatement of Morsi.

Security sources

Brotherhood supporters die in Egypt prison

Some 38 supporters of the Muslim Brotherhood died yesterday in an incident at an Egyptian prison, security and legal sources said, giving conflicting versions of the deaths.

The Interior Ministry did not immediately confirm the death toll, but said in a statement that a number of detainees had tried to escape from a prison on the outskirts of Cairo and had taken a police officer hostage.

Abdel Fattah al-Sisi

Army chief to Morsi supporters: Egypt has room for everyone

Egypt's army chief, Abdel Fattah al-Sisi said in a speech to military and police officers yesterday that his message to the supporters of deposed Islamist President Mohamed Morsi is that "there is room for everyone in Egypt."

But Sisi also warned that anyone who resorts to violence would not be tolerated.

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Boats. Fishermen in Spain protest artificial reef built in Gibraltar

Spanish fishermen protested against the creation of an artificial reef in the bay of Gibraltar yesterday and claimed the territory's authorities were blocking their access to the waters in the latest focus of tensions between Spain and Britain.

For just over an hour, some 30 fishing boats circled where 70 3-ton concrete blocks were dropped in July to form a reef that Spain said was not legal and prompted the government to ramp up border checks with the British overseas territory.

The extra controls, which have caused long waits for the thousands of tourists and locals, led British Prime Minister David Cameron to call on the European Commission to urgently send a team of monitors.

Britain claims the measures are "politically

motivated and disproportionate," while Spain says it will sue Gibraltar authorities for environmental damage from the reef.

In retaliation, Spain has threatened to impose a \$67 border fee on tourists, restrict air space or block the enclave's lucrative ship fuelling business.

The territory has a population of 30,000 and relies on tourism, online gaming and offshore banking and was ceded to Britain by Spain in the 1713 Treaty of Utrecht.

REUTERS

Costly

1.5M

The fishermen claim that the dispute over the shared waters around Gibraltar has cost them 1.5 million euros in potential income over the last year.

The Museum of Bad Art tells it like it is



"Mana Lisa" by Anonymous was donated by A. Schmidt of Vancouver, Canada. It's a cross-gender interpretation of the da Vinci classic. / THE MUSEUM OF BAD ART

Forget the critics. One man's trash is another man's treasure.

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Inside the furry suit of Lexington Lynx

Cheerleader. CUNY's SPS may not have a sports team, but that doesn't stop Lexington Lynx from getting students psyched for class.

College mascots usually spend their time gearing up crowds to cheer on a sports team. Lexington Lynx, the mascot of the City University of New

York School of Professional Studies, doesn't have an arena to inspire — but he doesn't let that get him down. The beloved Lynx, played by Anthony Sweeney and four other CUNY staffers, can be found at student events as well as online, where he seeks to grow the sense of community at a school with thousands of far-flung students.

I hear that Lexington Lynx is a new addition to the CUNY community. What's that like?

Yes, Lex is very young. Actually, Lex was created by the students and selected through a competition. He was born in 2011, so his presence and personality are still developing. I think people like that he's a ferocious lynx — he's kind of a wild, untamed beast. He's not your snuggly feline that people like to watch on the Internet.

Where can students go to see Lex, if not at sporting events?

Well, Lex can often be found studying at our library at Baruch's campus or in our study room, but he's been known to go down into Herald Square and walk around. We brought him to Penn Station, we've brought him to things like the Komen breast cancer race in Central Park. He becomes our rallying point — he

walked with the walkers. He's something that our students can identify with.

What kinds of events does he attend, and how is he received?

For the last academic year, he showed up at any event where students gathered. He was a huge hit at graduation, actually. We thought he was going to be a hit with our students' families, but he was actually a hit with our students. Our students' average age is around 35, so to be with Lex and have our adult students really wanting pictures with him and wanting to show him off felt kind of amazing.

Is there any mascot rivalry with other schools?

Oh yeah, there's some



Lexington Lynx takes a turn as a straphanger on his way to graduation. / PROVIDED

Quoted

"We don't have a campus, we don't have a quad, we don't have an athletics team. Many of our students are online; they may not set foot into one of our physical classrooms. Lex was created with the idea of having him be a center point of our community."

Anthony Sweeney, aka Lexington Lynx

friendly competition. When I get together with my counterparts at the other CUNY schools, there's a lot of mascot-envy from other schools that actually have sports teams.

So what's next for Lex?

I think Lex's online presence is going to grow and start to be animated, with GIFs and short

videos. Lex is the biggest cheerleader for the success of our students. He's there to make them laugh, to remind them of deadlines and to support them. He's still figuring out how our students best need support — that's his biggest job.

JULIA FURLAN
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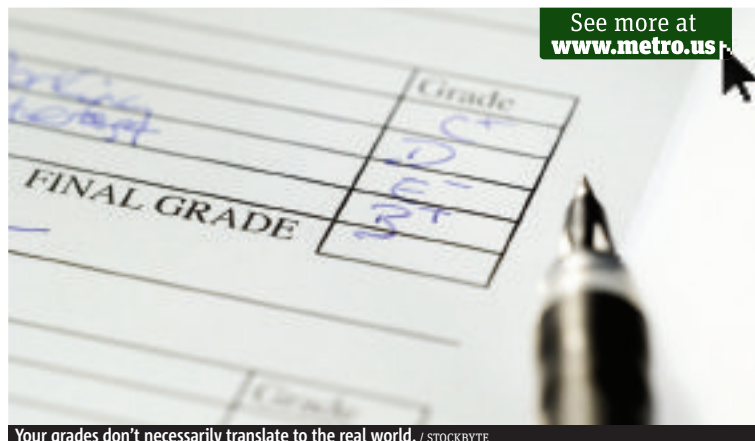
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A-pluses for all? Grade inflation myths busted

GPA. Whether or not grades are going up, analysts are suggesting that the big A-plus may not matter so much in the real world.

As the 2013 fall semester draws nearer, the great grade inflation debate shows no signs of waning, with prominent researchers from around the country split on the basic facts of the question, "Are grades going up?" The answer depends on which analyst is looking into the question. But one prominent study has asked a different question: "If grades are going up, does it really matter?" Surprisingly, the answer is a resounding "no."



Your grades don't necessarily translate to the real world. / STOCKBYTE

In addition to analyzing data on college-level grades nationwide, the new study — "Is the Sky Falling? Grade Inflation and the Signaling Power of Grades" — looked at what those marks meant to the students that received

them. The study found that grades are just as important to students today as they were in the '70s — both in terms of the effort they reflect and the career advantages they create.

"The big scare behind grade inflation is that

grades are losing meaning, and that one day they won't mean anything," says Evangaleen Pattison, the lead author of the study. "But our analysis shows that grades are just as meaningful to everyone concerned about them."

Quoted

"Our analysis shows that grades are just as meaningful to everyone concerned about them."

Evangaleen Pattison, lead author of study on grade inflation

The study looked at all the available data gathered by the National Center for Education Statistics on students that graduated high school after 1972 and attended a four-year college. And, by the way, the study did not find any statistical evidence for nationwide grade inflation, either.

"When it comes to grades, most studies look at the mean, but the mean is sensitive to how you define your population, and that causes a lot of disagreement," says Pattison. She says researchers need to take a broader view: "If you look at the general population — not just people at select institutions — grades have actually gone down."



BRUCE WALSH
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Placing blame

Grades don't always get the gig

Another recent study on grade inflation — "Whose Fault Is It? Assigning Blame For Grade Inflation in Higher Education" — looked exclusively at grades at the University of North Texas over a 27-year period. The researchers found that there was an approximate 4-percent inflation rate on grades during that time.

But, like Pattison, researcher R. Todd Jewell is not too concerned about the outcomes of inflated GPAs.

"I think a lot of people who look at this issue sort of miss the point: Grades are not as important as we think," he explains. "It's a factor in getting a job, but it's not the main factor. Employers still have ways of knowing who is prepared for the job."

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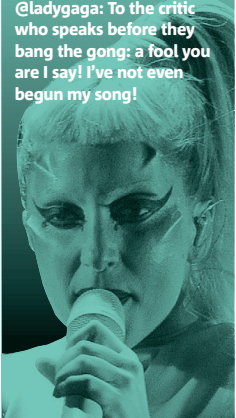
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@ladygaga: To the critic who speaks before they bang the gong: a fool you are I say! I've not even begun my song!



'Til 'Duck' do they part. / NBC, NBC NEWSWIRE

And the bride wore camouflage

"Duck Dynasty" star Willie Robertson just made one newlyweds' day.

On Saturday, Pennsylvania couple Meghan Cook and Charlie Miller decided to move their wedding to the nearby Field & Stream, located outside of Pittsburgh, so they could meet Robertson, who was scheduled to be at the store for a book signing. "I was going to cancel the wedding 'cause I heard Willie was coming," Cook told KDKA-TV, which, you know, is a pretty good sign of her dedication to the whole

"marriage" thing.

Robertson gave them a little blessing, telling them to always love and forgive one another. Cook donned a camouflage sash on her wedding dress, while her fiancé was dressed all in camo, complete with an orange headband, lest they get shot by another hunter mistaking them for wildlife on their wedding day. Robertson said of the wedding: "That's a first for me, it's good to be a part of that. They look like my kind of folks with the camouflage. That was cool."

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
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Tom Cruise wears thongs

In today's Highly Dubious Yet Slightly Hilarious News, it looks like Tom Cruise demands to wear G-strings while filming his action sequences.

"He was embarrassed at first but he sees it as a way of improving his flexibility as he gets older," a source tells the Daily Star, who says that on-set wardrobe departments need around 50 pairs on hand. "He's pretty insistent about having a new thong every time. He sees it as dedica-



TOM CRUISE
GETTY IMAGES FOR THE US-IRELAND

tion to his craft."

Cruise's love of the sexy undergarment reportedly stems from the fact they provide him with "comfort and flexibility."

Tina Fey returns to TV

Tina Fey is on a roll and making a pretty penny selling two new sitcoms in just one week.

On Tuesday, NBC bought the currently untitled, Fey-produced "female-centered workplace project." And Deadline reported yesterday that Fox bought another comedy by the "30 Rock" star, which revolves around a women's college after it decides to accept men.



TINA FEY
GETTY IMAGES



Beyoncé's hair, part II

Well, now she is just messing with us. A week after she blew up the Internet by debuting her new pixie cut on Instagram, Beyoncé showed off a longer bob on Saturday at a concert in England. And that, readers, was your Beyoncé Hair Update for the day. / WIREIMAGE

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CASEY AFFLECK

The "Ain't Them Bodies Saints" star talks about playing tortured characters, directing actors and facial hair.

THE SHOOTER INSIDE HIM

NBC/NBCU PHOTO BANK

In writer/director David Lowery's "Ain't Them Bodies Saints," Casey Affleck plays a quiet, gentle man sent to prison after taking the rap for shooting a cop to protect the real criminal, his wife (Rooney Mara). It's a quiet, complicated role full of the kinds of contradictions that really get Affleck going as an actor — even if he's only just now realizing that.

Your character in this Texas-set story is almost the polar opposite of the one you played in "The Killer Inside Me."

The character in "The Killer Inside Me" was a sociopath serial killer, and this guy is, like, the gentlest romantic. In "The Killer Inside Me," he seems like a dull but sort of vaguely charming good ol' boy, but he's actually a total lunatic. Whereas [this character] is perceived as being a violent criminal and he's actually a very good-hearted man. That's interesting. I guess I am drawn to characters for whom their internal life — their fantasy about

Facial hair

How much does facial hair factor into performance? And did you and Ben Foster have a mustache-off?

There were no mustache-offs, no competitions.

But the director has a whopper of a mustache. He looks like a bald Tom Selleck. And the two producers look like ZZ Top, so there's a lot of facial hair happening.

themselves — is at odds with whom they really are or how they are perceived by others.

Do you make any sort of moral judgment of these characters?

No. I mean, there's no one in the movie that's a bad person, is there? I feel like David [Lowery] was really careful about showing the human side of everyone, the light and the dark. I think that it's supposed to be about that romantic idealism of youth that can be reckless without regard for consequence and what happens to that attitude when the person matures into adulthood.

Do you think it's important for a director

to know when to get out of the actors' way?

I think it is. I can say it myself. I directed once, and I felt like oftentimes I would imagine the way a scene was going to go, and when it wasn't going that way the impulse was to get in there and start manipulating the details so that it more closely resembled the way that I had envisioned it. And knowing when to do that and when not to do that is part of what makes a good director. And David has a natural gift for that — the wisdom to know when to put a fingerprint on something and when not to.



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A place in the 'Sun' for this Brit actor

New show. Lennie James is the bad cop in AMC's "Low Winter Sun."

Detective Joe Geddes is a man who is finding himself in more ways than one. The new AMC cop drama, "Low Winter Sun," pairs Geddes, played by English actor Lennie James, with fellow Detroit detective

Frank Agnew, played by another British actor, Mark Strong ("Green Lantern," "Zero Dark Thirty"). The pair murders a corrupt colleague, leaving Geddes searching to regain his moral center — but, alas, he and Agnew are assigned to find the murderer.

"He's trying to rescue himself and the rescue begins with the death of his partner, whom he kills," James says of Geddes. "He has been letting

himself down for years and is trying to live up to his own expectations. He has a strong moral center and he's acted against it for far too long."

"Low Winter Sun" is based on a British mini-series of the same name, reset in Detroit. It's far from a conventional cop drama, a whodunit? or a buddy saga.

"We know who did it," says James. "Then, those two cops are put in place of investigating the crime they've committed. Our story is also about two guys unsolving a case as opposed to solving it."

James' early career included playing the bungling would-be criminal in Guy Ritchie's "Snatch," and more recently included roles in "The Walking Dead" and last year's Guy Pearce-starring "Lockout." James says he's played



"Low Winter Sun," starring Lennie James, airs on Sundays at 10 p.m. on AMC. / ALICIA GBUR, AMC

Quoted

"The first step onto the road to redemption is an heinous act of violence, which for an actor is just gravy. It's what you want to play."

James, on why he likes his character in "Low Winter Sun"

many cops, but Geddes and his inner journey to salvation — not to mention this turnaround on the good cop/bad cop story — was a juicy role he relished.

"The first step onto the road to redemption is a heinous act of violence, which for an actor is just gravy," says James. "It's what you want to play; the more complex the character, the more difficult the situations.

I'm someone who gets bored very quickly, so I like to be interested. This one, you can't drop the ball — there's a tension that exists in this story that you can't let sag. This job has taken some proper lifting [an English colloquialism for tackling hard work] and I enjoyed that a lot."



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Motor City

The 'Wire' effect

Will "Low Winter Sun" do for beleaguered Detroit what "The Wire" did for the resurgence of Baltimore? "Detroit is not just one of the characters; it's a major

character in this story," emphasizes James. "If your police force, who are sworn to protect and serve, are killing each other in vats of water, it says something about your city. It says something about your people."

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TV watch list
REALITY
'My Ghost Story: Caught on Camera'

In this episode, you'll learn about a janitor's ghost haunting an abandoned high school. Wait, if it's an abandoned high school, how would anybody know that the janitor's ghost was haunting it? Did they just assume it was the janitor's ghost because the high school was so clean? **9 P.M., B10**

DRAMA
'Mistresses'

On this episode, Savi (played by Alyssa Milano, who we'd watch do just about anything) realizes she may have lost Harry for good. Also, Karen (played by Yunjin Kim, who we'd also watch in just about anything because she was so good



Alyssa Milano is one of the choice "Mistresses." / ABC

on "Lost") will reconnect with Sam. **10 P.M., ABC**

REALITY
'House Hunters'

A couple tries to find a place in Chicago with a two-car garage and a master bathroom, but

they might not be able to afford it because of the engagement ring they hope to buy. So that's either a really affordable house, or a really expensive engagement ring. Based on what we've heard from friends who rent in Chicago, it's not the house. **10 P.M., HGTV**
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KIM SCHNEIDERMAN, MSW, LCSW

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Kim Schneiderman, MSW, LCSW, is a psychotherapist and former journalist with a private practice in New York City.



During a fight, one of my friends told me I'm a bad listener. I want to repair our relationship. How do I become a better listener?

Once in a while, when a conversation with someone I care about takes a turn that is not to my liking, I am tempted to stand up and yell "Cut!"

"Excuse me," I imagine myself saying, "but you are not following the script. Your lines are, 'Yes, of course, you are right. I agree. Anything to make you happy.'"

"Oh," they respond, emerging from a daze. And they repeat the lines I have fed them. "Great, that's more like it," I reply. "Now say it with feeling."

Of course, my conversa-

tions are just fantasies. And they're not dialogues either; they are monologues — between me and my ego. Conversations between two parties who are not really listening to each other are essentially monologues masquerading as dialogues.

Early 20th-century philosopher Martin Buber described the difference between monologues and dialogues as an "I-It" vs. "I-Thou" dynamic. In each case, the "I" represents the self — the totality of our feelings, values and perceptions that comprise our personal daily universe.

According to Buber, the essence of existence lies in how we interact with others. The "I-It" relationship is about objectification.

LISTEN UP TO BE A BETTER FRIEND



Respecting someone's boundaries is an important part of friendship. FUSE

We relate to someone as an "it" every time fear and self-interest interfere with our being able to fully experience the exquisite reality of another human being. At its worst and most obvious, "I-It" is responsible for all genres of human atrocities — from homicide to domestic violence and other horrors.

In our closer relationships, however, "I-It" can be much more insidious. Monologues can easily creep into and potentially corrupt the most innocent

of conversations, often unintentionally. This usually occurs when we ignore other people's boundaries, focus too much on making a good impression or engage with someone based on our perceptions of how well they can serve our personal needs.

The "I-Thou" relationship, on the other hand, is about letting go of agendas. It's about authenticity, mutuality, witnessing and truth-telling. It respects differences and embraces separate but equally valid

realities, which requires the courage to take risks and trust the process.

One of the hardest things we can ever do, and the greatest act of love, is to put aside our own agendas and really listen to another person. So while I may be tempted to redirect conversations that make me nervous, I know what I must ultimately do: Toss out the script, take a deep breath and say, "Yes, I am listening" — and mean it. I recommend you do the same.

— This column is not intended to be used as a substitute for a private consultation with a mental health professional, nor is this therapist to be held liable for any actions taken as a result of this column. If you have any concerns related to this column, make an appointment with a licensed mental health professional. Metro does not endorse the opinions of the author.

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US obesity leveling off, but at high rate: Report

Health. The number of extremely obese adults has risen 350 percent.

Obesity levels among adults appear to be holding steady across the United States, adding to recent evidence that the growth rate for U.S. waistlines is slowing, according to an analysis released on Friday.

But within the holding pattern there is a dramatic rise in "extreme" obesity among adults and children.

The annual "F as in Fat" report from the Trust for America's Health and the Robert Wood Johnson Foundation found that the proportion of adults who are extremely obese — at least 100 pounds over-



The report also concluded that various government programs, like mandating menu calorie counts, are working. / GETTY IMAGES

weight — has climbed over the last three decades from 1.4 percent in the late 1970s to 6.3 percent in 2009-2010. That is about a 350-percent increase, researchers for the health nonprofit groups said.

About 5 percent of children and teenagers are also

now severely obese, they added. Rates of extreme obesity were nearly twice as high for women as for men, and were also particularly high for Hispanic boys and black girls.

Overall, the report found obesity rates stabilizing across the U.S., though

Quoted

"We've managed the plateau; we may remain there. We will have to do more to achieve a downturn."

Kelly Brownell, dean of Sanford School of Public Policy at Duke University

at historically high levels, with nearly 36 percent of U.S. adults obese as of 2010.

The findings follow this month's announcement that the obesity rate among low-income children between the ages of 2 and 4 dropped slightly, after 30 years of increases.

"After decades of bad news, we're finally seeing signs of progress," researchers for the two health groups wrote in Friday's report. **REUTERS**

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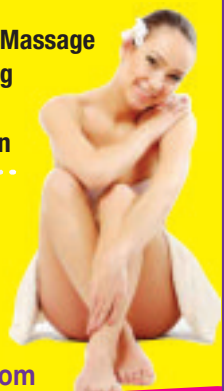
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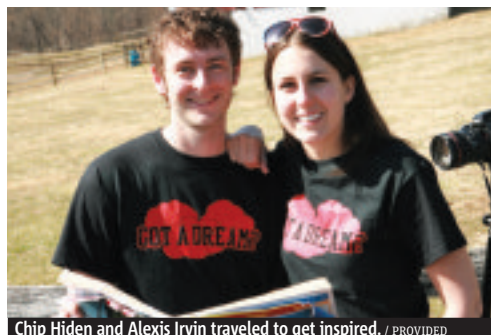
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Goals. Putting together the life you've always imagined for yourself isn't a sure bet, but that's the point.

Finding and pursuing a dream job seems like a big job unto itself — just getting by is overwhelming enough. In their book "Build Your Dreams," Alexis Irvin and Chip Hiden collected advice from dream-chasing Americans who chased their passions and made it work for them.

In 2009, Irvin and Hiden graduated from college and started working, but it didn't take long for them to realize they weren't in the right fields. They quit their jobs, packed up their stuff and drove across America, interviewing successful people who had found work that they were passionate about. Their re-



Chip Hiden and Alexis Irvin traveled to get inspired. / PROVIDED

search turned into a movie called "The Dream Share Project," which inspired their book of advice from their long trip.

In the past, work meant earning a salary and dreams were for your spare time. Why is having a dream job so important today?

Chip Hiden: The definition of how we define success, at least in America, is shifting somewhat. Today I think that people are finding that happiness also can drive what you do with the time you give to honest

work. You [can] make a lasting contribution. And I think that young people are starting to think more about the legacy they will leave. What type of mark are you going to leave on the earth? We are not just thinking about money.

How much space does hunting for a dream job leave for other things in life?

Alexis Irvin: I think that it requires a lot of work, maybe for a long time, so it depends on where your priorities lie. Maybe there are a few years where

you will be really career-focused but then you can switch to another focus later.

CH: One thing we have noticed is that people who pursue their dreams, as opposed to just doing a job to earn money, tend to be more happy and passionate. That happiness and passion reflects on other areas of their life, too. We have talked with so many dream chasers that are full-time parents and teachers [who are also] going to school as they pursue their dreams, and I really don't think this whole myth that "chasing your dream will consume your whole life" is true.

What if you reach your limit before the goal?

CH: One thing that we found is that it's not necessarily obtaining whatever the goal is [that matters]. It's more the journey along the way that is the really rewarding and exciting part. In our case we made the film, which was super exciting, and then we

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a dream job

were like, "OK, now let's try to write a book." Try to enjoy the journey and take some time to look around and realize that you are pursuing something you care about.

AI: We found that everyone who we interviewed during the trip had taken many different turns in their careers. Some people have one firm dream and

work straight to it, but others have multiple career changes to get to their dream job. Just see where the journey takes you. You might start out with one goal but find out that you want to do something completely different.

MAJA LUNDAGER
letters@metro.us

Dare to dream

Tips for living the dream

Discover: Ask yourself: What excites you? What makes you get up in the morning? Try the potential paths you might want to follow and cross off the ones that didn't work for you.

Research: Create a plan of everything you will have to do to get to your dream job. Whatever your passion is, you can find a way to teach and educate yourself on the Internet.

See how your role models got to where they are.

Embark: Take the first steps. You have your idea and you have done your research. Now it's time to raise some money and get to work.

Adapt: Find your persistence to overcome the rejections that you definitely will have.

Maintain: Find multiple revenue streams from the one idea you have, and always brainstorm on the next expansion of your idea.

Damage control. How to manage mistakes you make on the job

Mistakes happen, especially when first starting your career. There's a lot to learn, a new workplace "style" to adhere to and a ton of exciting but sometimes challenging scenarios. It doesn't help that being a new hire can be nerve-wracking, too. Your employer will be understanding of your mistakes if you handle them properly. Here's how:

Acknowledge the mistake

You've accidentally replied to everyone in a sensitive email, sent the wrong message or double-booked your boss. The first thing to do is acknowledge the mistake. Owning up prevents the mistake from snowballing into a serious problem. This is also the time to take any responsible

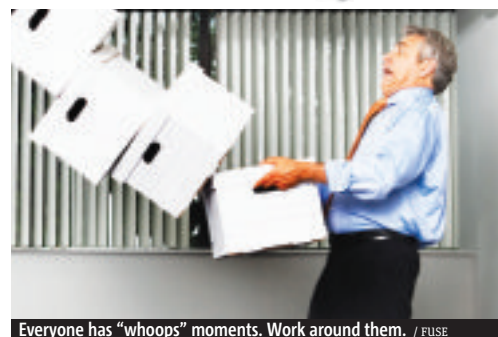
steps to reverse the mistake, if possible.

Tell your manager

The best thing to do after realizing that you made a mistake and taking the steps to find a solution is to advise your manager. This can be scary, but telling your manager about a mistake is a lot less scary than being asked about it. No one likes mistakes, but hopefully your manager will appreciate your honesty.

Take responsibility

It's time to apologize. Your don't have to make an overwrought speech, but it should be genuine. Apologizing shows your boss that you're being professional and that you'll make it right.



Everyone has "whoops" moments. Work around them. / FUSE

Explain yourself

Your employer may ask for you to explain the situation to ensure that everyone is on the same page. If this happens, lay out your explanation in advance. Preparing yourself beforehand means you can stay cool and avoid rambling. Here are some tips:

- Summarize the situation as concisely as possible, leaving others out of it.
- Think about what the repercussions could be and how you could handle them if needed.
- Discuss what you have learned and how you will avoid making the same mistake again.

Move on

Take a moment to remind yourself of the positive accomplishments you've achieved, and set those off against this passing error. Then, hit the reset button and get productive. Leave the guilt, worry and concerns behind — they'll only hold you back. Be confident that you've handled the situation in the best way possible. Most importantly: Don't make the same mistake again.

MEGHAN GREAVES

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For the above journey-level experience to be credited, it must be preceded by:

1. Two years of full-time experience as a mechanic's helper, apprentice or trainee; or
2. Graduation from a recognized trade/technical/vocational school with a degree in automotive mechanics or a closely related field.

BUS MAINTENANCE SUPERVISOR

EXAM NO. 4302 FILING DATES: August 7, 2013 - August 27, 2013 APPLICATION FEE: \$68.00 (non-refundable)

SALARY: The current minimum salary is \$57,000 per annum.

JOB DESCRIPTION: Supervise mechanics and other maintenance and transportation titles performing the maintenance, installation, inspection, testing, alteration, shifting, and repair of buses and other automotive vehicles, and related bus shop equipment.

HOW TO QUALIFY: Education and Experience Requirements: By the last day of the application period you must meet the following requirements:

1. Three years of full-time experience as a journey-level automotive mechanic (i.e., fully trained, proficient, knowledgeable, experienced, and competent) troubleshooting and repairing automotive or aircraft engines and electrical systems, and at least one other automotive or aircraft system, such as brakes, transmission, or HVAC; plus
2. One year of full-time experience as a supervisor or Automotive Service Advisor.

For the above journey-level experience to be credited, it must be preceded by one of the following:

- A. Two years of full-time experience as a mechanic's helper, apprentice or trainee; or
- B. Graduation from a recognized trade/technical/vocational school with a degree in automotive mechanics or a closely related field.

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Horoscope

♌ Leo | July 23-Aug. 22.
You should try new avenues. Strive to be your best. Romance will improve your day.

♍ Virgo | Aug. 23-Sept. 22.
Discuss with a colleague the way you want to see a situation move forward. Compromise and discipline will help you find common ground.

♎ Libra | Sept. 23-Oct. 22.
Put more thought into self-improvement projects and activities that challenge you. Romance is on the rise, but motives may be questionable.

♏ Scorpio | Oct. 23-Nov. 21.
Steps you take to improve your surroundings will benefit you financially. An unusual offer will bring you greater stability.

♐ Sagittarius | Nov. 22-Dec. 21.
If you frankly express your thoughts, you will get a favorable response. Do what you can to improve the way you live.

♑ Capricorn | Dec. 22-Jan. 20.
Eat properly and start a regimented routine that will strengthen you mentally, physically and emotionally. Keep fit and live a simpler life.

♒ Aquarius | Jan. 21-Feb. 18.
The changes you plan to make will help get your finances in order, so don't delay.

♓ Pisces | Feb. 19-March 20.
Engage in activities that allow you to broaden your horizons. You will find inspiration if you look for it. Added responsibility will come with benefits.

♈ Aries | March 21-April 20.
Put more thought into the way you conduct yourself at work or at home. A change of heart can lead to greater happiness with someone special.

♉ Taurus | April 21-May 21.
Be careful when sharing information — someone with ulterior motives may butter you up.

♊ Gemini | May 22-June 20.
You'll discover interesting information regarding someone who can help you in a professional capacity. Love is on the rise.

♋ Cancer | June 21-July 22.
Do something creative or sign up for an unusual activity or community event that will help you find fresh ideas with which to approach life.

BERNICE BEDE OSOL

Letters

Hate is a stupid reason to make love

Re: 'When opposites attract: The rules of hate-sex' (Metro, Aug. 15-18) What was Twanna Hines' column on "hate-sex" about? I guess I realize that this is the type of thing someone who calls herself a sex columnist would write about, but what a ridiculous amount of nonsense. First of all, the concept is ludicrous. What an odd proclivity to devote a column to. This is stupid drivel, with an endorsement from an "expert." Who would be looking for this kind of "advice," and worse yet, who would take it?

JOHN SHAUGHNESSY, VIA EMAIL

Oprah, a true inspiration

Re: 'Oprah Winfrey is not a control freak' (Metro, Aug. 15-18) Thanks for your article on Oprah Winfrey's movie, and mentioning her mother and grandmother were both maids, and before that her ancestors were slaves. She is truly a rags-to-riches inspiration; and she, incredibly, did it on her own without outside help, other than her grandmother teaching her to read. Oprah rose to be a billionaire without stepping on anyone's toes; instead, she helped others out along the way.

RICHARD KANE, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

5	3		8	7	1			2
4		6	3					7
	5		6					
3	8	4				6	9	5
					4		3	
	7				2	9		8
8			4	6	3		1	7

		1		4				
	8			6		4		
		4	7		8	9		
			8		5		3	2
3		5		7		6		8
8	2		6		3			
		3	4		6	8		
		8		2			5	
				8		3		

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Crossword

Across

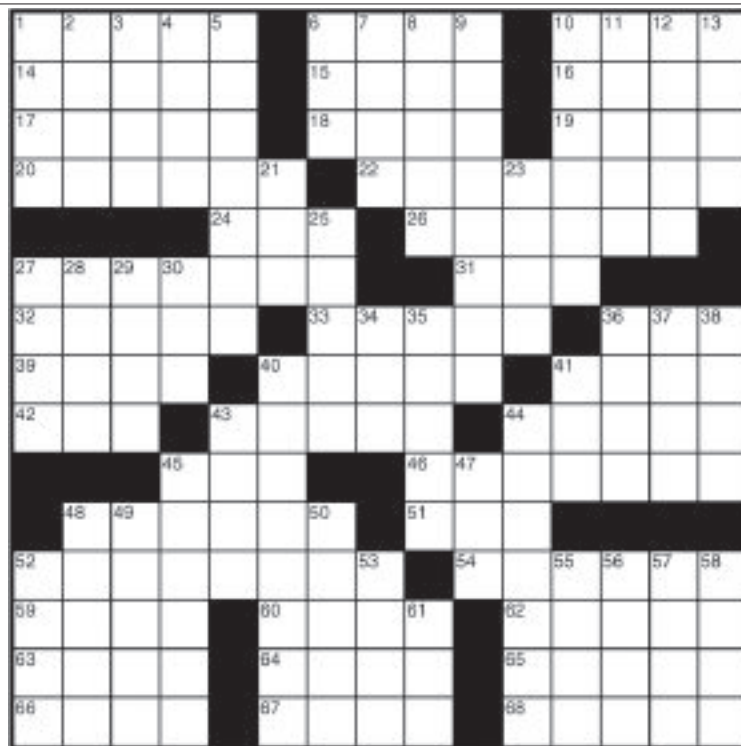
- 1 Sorted socks
- 6 Ski lift (hyph.)
- 10 Like worn tires
- 14 "What's in — —?"
- 15 Humdinger
- 16 Canal of song
- 17 Radio, TV, etc.
- 18 Bin
- 19 Enjoy a repast
- 20 Prizes
- 22 Equipped (2 wds.)
- 24 Distress signal
- 26 Brother's girls
- 27 Chatoyant stone (hyph.)
- 31 Long-horned ox
- 32 Insurance center
- 33 Of the Vatican
- 36 Derrick arm
- 39 Microwave setting
- 40 Jet jockey
- 41 Commuter vehicle
- 42 Fabric meas.
- 43 Orange box
- 44 Teed off
- 45 "Alice" waitress
- 46 Derision
- 48 Brass band event
- 51 "Crocodile" Dundee's pal
- 52 Sent back to a lower court
- 54 Cays
- 59 Party cheese
- 60 Strong metal

Down

- 62 "In what way?" (2 wds.)
- 63 Flying piscivore
- 64 Cleopatra's river
- 65 Barracuda habitat
- 66 Stow
- 67 "— — grip!"
- 68 Be apprehensive
- 1 Informal parent
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Weekend's answer



On the defensive



Coples, here sacking Chad Henne last season, was injured forcing a Henne fumble Saturday night. / GETTY IMAGES

Coples could miss month with fracture

The Jets' impressive depth on the defensive front will be put to the test before the season even begins.

Multiple reports indicate defensive end/outside linebacker Quinton Coples suffered a hairline fracture in his right ankle in Saturday night's game. It won't require surgery, but will keep him out three to four weeks.

The Jets, who had

the day off yesterday, did not comment on the issue. Head coach Rex Ryan said after the game Coples would undergo tests yesterday.

Coples was the Jets' first-round pick in 2012 and was making a transition to outside linebacker, though he'll likely see time with his hand on the ground as well.

The Jets play the Buccaneers on Sept. 8 and have a quick turnaround the following Thursday as they face New England.

MARK OSBORNE

Little settled in Smith-Sanchez QB competition

NFL. With Geno Smith on the sideline, Mark Sanchez did little to take a lead in the position battle.

Mark Sanchez's play, let alone his new fu manchu, did little to stop onlookers from glancing to the sidelines and his competitor in the quarterback battle — even if he was sporting shorts and a T-shirt.

Geno Smith sat out the second preseason game Saturday night with a twisted ankle, though he did throw passes to a rehabbing Santonio Holmes on



Sanchez missed a crucial chance to distance himself from Smith. / GETTY IMAGES

the field before the game.

The setback was not a concern for Smith.

"Any chance I get to compete, I'm going to try

and take full advantage of it," Smith said. "Like I said, I got another week of practice coming up. So I'm going to go out there with the right mentality and try to win the job."

Sanchez was 13-of-23 for 169 yards, one touchdown and one interception. He also made a bad decision to hold onto the ball at the end of the first half and cost his team a field-goal attempt.

"I feel like with Geno not playing, [the battle] was going to go on until he got another shot," Sanchez said. "I don't really worry about it that way."



MARK OSBORNE
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3

SPORTS

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SPORTS 24

MLB. Mets lose to Padres on walk-off home run by Venable

Matt Harvey's 10th win went up in smoke in the eighth inning and the Mets' win did the same an inning later.

Will Venable hit a walk-off home run in the bottom of the ninth to give the Padres a 4-3 victory over the Mets yesterday afternoon.

Gonzalez German allowed the tying run to score in the bottom of the eighth on an infield single by Connecticut-native Chris Denorfia.

Pedro Feliciano came in and got out of a jam with two runners on base, but he wasn't so lucky when he returned to face Venable to lead off the ninth. Venable blasted one to right to give the Mets their second straight loss.

They play a makeup game in Minnesota today (2:10 p.m., SNY) before returning home from an 11-game road trip to face



Harvey struck out six batters.
GETTY IMAGES

the Braves tomorrow.

Harvey went six innings yesterday before being removed in the seventh for pinch hitter Andrew Brown. The move worked as Brown doubled in Omar Quintanilla to give the Mets the go-ahead run, 3-2.

MARK OSBORNE

Oh Jenrry!

Mejia goes on DL, looking at elbow surgery

One day after being removed from his start due to elbow pain, the Mets placed Jenrry Mejia on the 15-day DL.

Mejia had been dealing with bone spurs in his throwing arm all season and was already going to get surgery after the season. The team said it was just about managing the pain. But the timetable for surgery may have been sped up after Saturday.

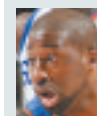
"I can't say I know for sure [Mejia won't pitch again in 2013], but it certainly doesn't look very good," manager Terry Collins told reporters before yesterday's game.

Mejia was 1-2 with a 2.30 ERA and 27 strikeouts in 27 1/3 innings since returning from Tommy John surgery in 2011 this past July. **METRO**

Knick city?

Felton slams Nets over Pierce boasts

The Knicks and Nets are still months away from training camp, but the rivalry is heating up.



Knicks point guard Raymond Felton was asked by ESPN about Nets forward Paul Pierce's comments last week saying it was "time for the Nets to start running this city."

Unsurprisingly, he defended the Orange and Blue.

"They will never take over the city," Felton told reporters at a charity event yesterday. "Because we've got 'New York' on our chest."

The Knicks and Nets will play their first head-to-head matchup of the 2013-14 season Dec. 5 at the Barclays Center. **METRO**

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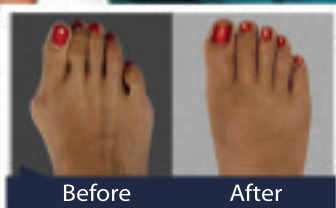
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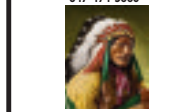
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my side in less than a week-
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happy in my life, she is liv-
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see the joy in her smile ev-
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NOTICE OF FORMATION
of **KAREN LITZY**
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Art. of Org. filed with the
Secy. of State of New York
(SSNY) on 07/08/2013,
office location: New York
County, SSNY designated
as agent of the LLC upon
whom process against
it may be served. SSNY
shall mail a copy of
process to: The LLC, 165
E. 83rd. Apt 3D, New
York, NY 10028. Purpose:
Any lawful business

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Wine & Beer has been applied for
by the undersigned to sell Wine & Beer
at retail in a Restaurant under the
Alcoholic Beverage Control Law at
45-13 Broadway Astoria, NY 11103,
for on-premises consumption. PRC
Astoria Corp.

NOTICE IS HEREBY GIVEN
that a license, Number 1271335,
for Liquor, Beer & Wine license
has been applied for by the
undersigned to sell Liquor, Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 27 Cedar
Street, Dobbs Ferry, NY 10522
for on-premises consumption.
Lemon Tree Dobbs Ferry Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1271559,
for Liquor, Beer & Wine license
has been applied for by the undersigned
to sell Liquor, Beer & Wine at retail
in a Restaurant under the Alcoholic
Beverage Control Law at 294 Sunrise
Highway, Rockville Centre, NY 11570
for on-premises consumption.
Red Ginger House II, Inc.

Legal Notices

NOTICE IS HEREBY GIVEN
that a license, Serial # 1272805
for Wine & Beer has been
applied by the undersigned to
sell Wine & Beer at retail
under the Alcoholic Beverage
Control Law at 174 N.
Main St., Port Chester, NY
10573, Westchester County
for on-premise consumption.
Deli Delight Inc. of Westchester

NOTICE IS HEREBY GIVEN
that a license, Number TBA for
Restaurant Liquor has been applied
for by the undersigned to sell Liquor,
Wine & Beer at retail in a Restaurant
under the Alcoholic Beverage Control
Law at 504 6th Ave. a/k/a 68-70 West
13th Street, New York, NY 10011 for
on-premises consumption. Chipotle
Mexican Grill of Colorado, LLC.

NOTICE IS HEREBY GIVEN
that a license, Number 2191723
for Restaurant wine has been applied
for by the undersigned to sell Beer &
Wine at retail in a Restaurant under
the Alcoholic Beverage Control Law
at 1616 Main St., Pleasant Valley,
NY for on-premises consumption.
Tokyo Tavern Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1272741
for Restaurant Wine has been applied
for by the undersigned to sell Beer &
Wine at retail in a Restaurant under
the Alcoholic Beverage Control Law
at 68-64 Forest Ave., Ridgewood,
NY for on-premises consumption.
Dallas Coffee Shop Inc.

NOTICE IS HEREBY GIVEN
that a license, Serial # 1272818
for Wine & Beer has been
applied by the undersigned to
sell Wine & Beer at retail
under the Alcoholic Beverage
Control Law at 870 7th Ave.,
New York, NY 10019, New
York County for on-premise
consumption. Tisserie 55 LLC

NOTICE IS HEREBY GIVEN
that a license, Number 1272129
for Restaurant wine has been applied
for by the undersigned to sell Beer &
Wine at retail in a Restaurant under
the Alcoholic Beverage Control Law
at 117-10 Atlantic ave., S Richmond,
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■ **Men** Natural nutritional support for urinary ease & comfort. Relief within 3-5 days from dribbling, discomfort, urgency, poor flow. Instead of getting up many times most need to get up only once or not at all each night. For many years a favorite for mature men. Good sleep helps to have more energy all next day. Also blood flows more easily where it counts for better sex life. Thousands of satisfied repeat customers. No side effects. We have literally hundreds of testimonials.

■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON*

■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a prostate issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA* ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



#26

■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surridge, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

Blood Pressure Formulation

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CLEAR SKIN

Dr. C. Hammoud, Master Herbalist, PhD, guarantees satisfaction. Helps to maintain healthy skin from the inside simply by cleansing the blood, instead of attacking the skin from the outside with creams or washes. "This makes sense. Usually you can see how it benefits your skin within days. "Many people wrote they were surprised how fast it worked. Lots of testimonials from pleased users on our Bell website. There is absolutely no risk for trying Dr. Hammoud's product."



■ **Last couple of years I tried everything.** Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks **#60** for giving back my self-esteem. *Nelisa Royer, 28, Doral, FL* ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. *Christopher Seraphin, 14, Brooklyn, NY* ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. *Agnes Casillas, 60, New York, NY* ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. *Yvette Maclean, 40, Lodi, CA* ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. *Eulalia Isabel Sanchez Martin, 30, Brampton, ON* **Skeptics can call everybody. All are real people like you or your friends.**



#23

SNORING?

As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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